



Resources to Protect You & Your Family's Sexual Purity

by David Brady

Disclaimer: Not every book or author included below should be considered as endorsed by Purity Plan Ministries. This list is simply for reference and as an explanation of some of the purity resources that our ministry has reviewed. Dave Brady is a separated Independent Baptist who stands against much of the thought and practice of the broader Evangelical world. Some of the resources below may mention names or movements or give advice within their pages that should be avoided. The reader should use spiritual discernment and judge every book by the Bible.

1. Books/Resources (KJV)

FOR MEN

- ***Slay the Dragon: Living in Lasting Victory in an Increasingly Impure World*** // David Brady
This book deals with a vital starting point for living in purity and victory – dying to self. It can be a real help to a man struggling with sexual temptation.
www.purityplan.org
- ***Living Purely in an Impure World*** // Jim Binney
The book is currently out of print, but copies can often be found online. Our ministry also carries copies of this book from time to time.
www.amazon.com
- ***Lest ye Fall*** and ***The Dark Side of the Internet*** // Rand Hummel
www.amazon.com
- ***Moral Failure –Its Cause, Its Prevention*** // David Sorenson
www.swordbooks.com
- ***Pay-Per-View: The Double Cost of Pornography*** // Dr. Jeff Amsbaugh
www.swordbooks.com

- ***Journey to Victory Sexual Purity Course*** // David Brady
A comprehensive online sexual purity course from Purity Plan Ministries. See the “My Suggestions” section at the end of this guide for more details.
www.purityplan.org
- ***Victory in Christ*** // Charles Trumbull
Written more than 50 years ago, this book is life changing as far as I'm concerned. It's not about purity directly, but about the victory we have in Christ to win the battle. Our ministry is now publishing this book.
www.purityplan.com
- **Helpful DVDs** // S.M. Davis
Dr. Davis has several helpful preaching DVD's on lust, evil habits, accountability, repentance, etc.
www.solvefamilyproblems.org
- **Also See Section #2 Below**

FOR COUPLES

- ***Changed into His Image: God's Plan for Changing your Life*** // Jim Berg
This book is not about purity per se', but is about sanctification and becoming more like Christ. Highly recommended.
www.christianbook.com
- **Also See Section #2 Below**

FOR TEEN GIRLS

- ***Before You Meet Prince Charming*** // Sarah Mally
www.Radiantpurity.com
- ***Stay in the Castle*** // Pastor Jerry Ross
www.stayinthecastle.com

FOR TEEN BOYS

- ***The Warrior Prince*** // Pastor Jerry Ross
www.stayinthecastle.com

- ***Journey to Victory Sexual Purity Course*** // David Brady
Purity Plan Ministries' online sexual purity course. See the "My Suggestions" section below for more details.
www.purityplan.org

2. Books/Resources (very helpful; not necessarily KJV)

FOR MEN

- ***The Game Plan: The Men's 30-day Strategy for Attaining Sexual Integrity*** // Joe Dallas
www.amazon.com
- ***The Road to Grace: Finding True Freedom from the Bondage of Sexual Attraction*** // Mike Genung
www.amazon.com
- ***At the Altar of Sexual Idolatry*** // Steve Gallagher
This book is biblical and very helpful. Gallagher's ministry, although not fundamental, has helped untold numbers of men.
www.amazon.com
- ***The War Within: Gaining Victory in the Battle for Sexual Purity*** // Robert Daniels/Bob Reehm
www.amazon.com
- ***Purity: Winning the Battle in a Perverse World (DVDs)*** // Jim Berg
This DVD series has 8 sessions that are very good. It includes a syllabus also. It is nearly all KJV.
www.christianbook.com
- ***Proven Men: The 12-Week Study to a Proven Path to Sexual Integrity*** // Joel Hesch
This is a large *workbook*/manual by a Christian lawyer. It is very biblical, and it goes for heart issues, and stresses accountability, etc. The author, Joel Hesch was hooked on porn for 20 years or so. He has also written a book by the same name. It stresses God-dependency, as opposed to pop-psychology.
www.amazon.com

- ***Forgotten Factors of Sexual Sin*** // Roy Hession
Written more than 40 years ago, this resource is for men that have already fallen into adultery or into serious sin that has been uncovered.
www.amazon.com
- ***Desires in Conflict (for those struggling with homosexual attraction)***// Joe Dallas
www.amazon.com

FOR WOMEN

- ***Create in Me a Clean Heart*** //Kathy and Steve Gallagher
www.purelifeministries.org

FOR SPOUSES OF STRUGGLING MEN

- ***The Wife's Heart: Healing from Your Husband's Porn Addiction and Adultery*** //Mike Genung
www.amazon.com

FOR COUPLES

- ***The Road to Grace for Couples: A Workbook for Healing from Porn and Adultery***//Mike Genung
www.amazon.com
- ***Intended for Pleasure*** // Ed Wheat
www.amazon.com
- ***Love Life for Every Married Couple*** // Ed Wheat
www.amazon.com

FOR PARENTS (to use in working with your children on Purity issues)

- ***Pure Parenting Course***
An Online Course for Parents
www.purelifeacademy.org/bundles/full-parenting-bundle
- ***The Princess and the Kiss*** // Jennie Bishop
www.amazon.com

- *The Squire and the Scroll* // Jennie Bishop
www.amazon.com
- *Life Lessons from The Princess and the Kiss* // Jennie Bishop
www.amazon.com
- *Life Lessons from The Squire and the Scroll* // Jennie Bishop
www.amazon.com
- *Talking to Our Daughters...a Mother's Guide for Talking with Her Daughter about Adolescence and Womanhood* // Jane Grafton and Kris Grafton
www.amazon.com



3. Content Filtering (Porn Blocking) Software



www.cleaninternet.com

Filter for PC & Android Devices



www.afo.net

Filter for PC, Android, & Apple (iOS)

4. Accountability Software



www.accountable2You.com

5. Where to Start with this List (“My Suggestions and Comments”):

For a person to begin to walk the road to pure living, start with *Slay the Dragon* by David Brady. It is foundational to everything else. I believe I would also get a copy of Jim Binney’s or Dave Sorenson’s book above. Jim Berg’s *Purity* videos and *Changed into His Image* should also be obtained. If a person has already fallen deeply, he should read Roy Hession’s book listed above. As a side note, any man/woman who is continually struggling would also need to meet weekly for accountability with someone who knows how to deal with his 3 heart issues of selfishness (self-centeredness), pride and unbelief. Jim Berg’s DVDs would be a great help on some of these issues. Finally, the person should start a scripture memory program (see my Scripture memory flip-chart at purityplan.org).

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Our online Sexual Purity Course, *Journey to Victory*, is a comprehensive, Christ-centered resource and comes from a thoroughly Fundamental Baptist position covering the spiritual ingredients for freedom from sexual sin. Each of the 15 sessions is a lesson video with weekly homework. (A Leader’s Edition can also be obtained which includes direction for a person who is counseling another person towards sexual purity.) Every struggling believer should invest in this resource. It works well for any adult, and would be relevant to upper High School ages, as well.

A final thought: None of the books above are "stand alone" help for a person who is struggling with sexual sin. He/she will need more than a single book to overcome a years-long besetting sin. The resources listed will directly address the subject of purity, however, and if the person is meeting regularly with someone who will hold him accountable, these resources will provide good material to discuss weekly. Of course, the only real way to freedom from sexual sin is found in Jesus. Don’t let these resources take the place of an emphasis on daily dependence on Christ, Scripture memory and meditation, and listening to the Holy Spirit’s voice in your life.

As always, we are here to help with questions. Our ministry specializes in helping people find freedom in Christ. Please reach out to us if we can help you or your family or church in any way.

Please visit purityplan.org for further resources.